



***“Late February days; and now, at last,  
Might you have thought that  
Winter’s woe was past;  
So fair the sky was and so soft the air.”***

**– William Morris**

The Holidays are a fading memory, the New Year’s bills have arrived and Little Compton has been buried under an over-abundance of snow and ice. The upside to such a long, cold winter is the fervent anticipation of spring. All of Sakonnet is looking forward to the sight of the first daffodils peeking through the snow, the music of the spring peepers in the marshes and the delightful sounds of the robins and songbirds returning to our trees and fields.

This Late Winter/Early Spring 2011 edition of **Community Connections** highlights many special events and volunteer opportunities to keep both mind and body busy as we await the arrival of another splendid Sakonnet springtime.

## Chowder & Chili Cookoff Returns February 13<sup>th</sup>



**FEBRUARY 13TH 2011**

Do you make Rhode Island’s best Chowder??  
How about Sakonnet’s tastiest Chili??

The Little Compton Community Center will once again host the annual East Bay Amateur Chowder & Chili Cookoff – on Sunday, February 13<sup>th</sup> from 2 – 4 PM at Crowther’s Restaurant.

It’s time to dust-off your best, top-secret recipe and enter a steaming pot of your finest concoction at this mid-winter celebration.

The Chowder & Chili eating public is cordially invited to taste the creations—a perfect warm-up on a cold winter afternoon! Admission is free—\$5 and \$10 tasting tickets will be sold to sample the entries. Light lunch items will be available for purchase as well as a cash bar.

Prizes and a year’s worth of bragging rights will be awarded in three categories: Clam Chowder, Creative Seafood Chowder/Soup and Chili, as well as People’s Choice/ Best-of-Show awards for both Chowder & Chili. Cost of each entry is \$25 and contestants must prepare a minimum quantity of 2 gallons of chowder/soup or 3 gallons of chili for sampling.

Registration forms, category definitions and official rules are available at the Little Compton Community Center and also posted on [www.lccenter.com](http://www.lccenter.com). Judges will include several notable East Bay chefs and restaurateurs and remember, this is an amateur contest—no professional chefs!! For more information, call Ellie Field at 635-2400. See you on February 13<sup>th</sup>!

## Announcing a New Infant and Toddler Program!

Thanks to the wonderful generosity of Marjori Balboni, the Little Compton Community Center is proud to announce a new infant/toddler program that will include opportunities for music and movement classes, reading groups and regular family play groups.

Mrs. Balboni passed away last year and remembered the Community Center in her will. Her very charitable bequest will allow us to make necessary improvements to our building, in addition to purchasing the soft play and learning equipment required to host infant and toddler programs. Contributions like Mrs. Balboni’s make it possible for us to maintain and grow the programs that best serve the Little Compton community as a whole.

The LCCC is looking for music and movement instructors for infants and toddlers. If you are interested, please call Gina at the Community Center at 401-635-2400. Also, parents interested in forming a regular play group are encouraged to call to help us establish convenient play times. We hope to kick off the program in February, so please call today!

# Randal Poirier Makes Gift to After School Club



The Little Compton Community Center is pleased to accept the third annual gift of \$5,000 from Randal S. Poirier, ChFC, a Financial Planner and Little Compton resident, to support the LCCC After School Club.

“My mission is to help local families, business owners, and non-profits navigate their way to a secure financial future,” explained Mr. Poirier, “I am fortunate enough to be able to give some assistance to the young children of our community, and I am thankful for the opportunity to provide this support to such a valuable program that provides children with a fun, well structured, and safe environment each day after school.”

“We sincerely appreciate Mr. Poirier’s annual support,” said Gina Malloy, LCCC Executive Director. “It will help us to continue providing our children with healthy and fun-filled after-school enrichment: building self-esteem, cooperation and responsibility while having fun and making new friends.”

The After School Club is offered to children (5-12 years) in the community from 2:45 to 6:00 p.m. following the school calendar throughout the school year. The Club provides supervised age-appropriate activities such as: homework time, arts and crafts, sports play, hands-on science, and community activities.

**After School Club wish list:**

- Gloves and hats
- Glue & Craft sticks
- Perler Beads

If you have any of these items that you’d care to donate, please contact Karen at the After School Club (635-2000) or drop off at the LCCC front desk.

Randal S Poirier, ChFC  
Financial Planner



The Little Compton After School Program is sponsored in part by **Randal S Poirier, ChFC, Financial Planner of Independence Financial Partners**



The Little Compton Community Center hosted Master Storyteller Robb Dimmick’s dramatic reading of the Dickens classic, **A Christmas Carol** on December 4<sup>th</sup>. Nearly 80 people attended the free performance underwritten by a grant from the R.I. Council for the Humanities. More than 50 people enjoyed a wonderful pre-performance Dickens’ Dinner prepared by Smoke & Pickles Catering of Westport, with generous donations from Lees Market and Rentals Unlimited of Newport. Special thanks to the many volunteers who helped serve the dinner and assisted with the production.



The Little Compton Children’s Theatre Company received rave reviews for their holiday production of Hans Christian Anderson’s **The Snow Queen**, on December 10<sup>th</sup> & 11<sup>th</sup>.

The young cast’s participation went far beyond their performances. The performers, ages 6 to 13, created the set (including lights), designed costumes, practiced music and choreography and spent a month perfecting their lines and rehearsing. Special thanks to Sally Huntington for her generous donation of her talent and time in creating the beautiful costumes.

# Summer Camp Instructors Needed

The LCCC is looking for instructors for summer camps in soccer, basketball, tennis, golf and swimming. If interested, please contact Karen Ferreira at [karenferreira@lccenter.com](mailto:karenferreira@lccenter.com) or 401-635-2400.

# Coming in June—the 2011 Little Compton Golf Tournament

Save the date! The Little Compton Golf Outing is scheduled for Saturday June 4, 2011 at the Sakonnet Golf Club. Don't miss out on a rare opportunity to play one of Rhode Island's most beautiful private golf courses.

Your participation will help support dozens of Community Center programs for children and adults, will enable LCCC to continue to offer free or low cost meeting space to over 20 local organizations, and will help maintain and improve our beautiful 100 year-old building.

The Tournament is also a real community event as golfers and non-golfers join together at an end-of-day reception, complete with wonderful food and drink, prizes, and a spectacular silent auction.

Complete details and entry forms will be featured in the May issue of Community Connections, online at [www.lccenter.com](http://www.lccenter.com), or by contacting Sally Huntington at 635-2400.



## Our Mission

The mission of the Little Compton Community Center (LCCC) is to bring people together from all corners of the community to foster and support a strong and vibrant Little Compton.

We do this by providing and facilitating programs to meet community needs and by providing space for other individuals and organizations who serve the residents of Little Compton.

## Community News Wanted

Please send news releases, meeting announcements, calendar updates and suggestions to: [LCCCNews@gmail.com](mailto:LCCCNews@gmail.com)

Deadline for inclusion in the Spring/Summer 2011 (covering May-July) issue is April 8<sup>th</sup>.

## Credits

Editor: Roger Guillemette  
 Design: Tom Callahan  
 Volunteers: Pat Menoche, Pat Pond, Doug Berge  
 Printing: Fall River Modern Printing Co.  
 (508) 673-9421

## Your Community Center Needs You!

Generous volunteers who selflessly give up their time and resources play an important role in the operations of the Community Center and the success of its many programs and events. We are currently looking for some enthusiastic people. Interested parties should contact us at 635-2400.

## Host Your Next Event at LCCC

The Community Center's theater, meeting hall and kitchen are available for your alcohol-free events. Showers, receptions, birthdays, corporate retreats, anniversary parties, reunions, memorial services, recitals, and more. Call 635-2400 for more info.

	Standard		Non-Profit*	
	Day	Hour	Day	Hour
Kitchen	\$85	\$15		\$10
Dining Hall	\$125	\$20		\$10
Theater	\$175	\$25		\$10
Building	\$350	\$50	\$200	\$30
Projector		\$30		\$10
Staff		\$30		\$30

\* First ten hours per year free with non-profit membership



## Circle of Friends

Special thanks to St. Andrew's by-the-Sea for providing the delicious dinner in January.

### Bingo!!

**Saturday, February 26 . . . . . 5 PM - 7 PM**

Enjoy an evening of food and fun topped off by an exciting, fun-filled Bingo session. Dinner will be generously provided by the Holland and Taylor families. At LCCC.

### Showcase of Talent Night

**Saturday, March 26. . . . . 5 PM - 7 PM**

The spotlight will be on 'home grown' talent for this annual evening of great entertainment. Dinner will be generously provided by St. Catherine's Church. At LCCC.

### Easter Egg Decorating Party

**Saturday, April 16 . . . . . 5 PM - 7 PM**

Enjoy an evening of food and fun while designing your own festive Easter Eggs with the generous support, assistance and dinner provided by the Little Compton Grange. At LCCC.

## Saturday Something!

**There's always something going on at the Community Center!!**

*Every Saturday, from 10 AM to 12 Noon*

**Craft Corner** – Local crafts for sale (*every week*)

**Kids Corner** – Toys & Sweet Treats, priced for kids to buy (*every week*)

**Donut Discussion** – Local experts, casual conversation and donuts!

**Seasonal Specials** – Special events and activities

### February 12<sup>th</sup>

Valentine's Camp (a drop-off opportunity for kids to make and decorate Valentine's cookies)

### February 19<sup>th</sup>

Seasonal Special (TBA)

### February 26<sup>th</sup>

Donut Discussion (with URI Professor and Economist Liam Malloy)

### March 5<sup>th</sup>

Seasonal Special (TBA)

### March 12<sup>th</sup>

Donut Discussion (How to keep your house dry this spring)

### March 19<sup>th</sup>

Seasonal Special (TBA)

### March 26<sup>th</sup>

Toy Swap (Bring outgrown toys to exchange for others)

### April 2<sup>nd</sup>

Donut Discussion (Recycling & Energy Conservation)

### April 9<sup>th</sup>

Rummage Sale (Rent a table for \$10 and sell your stuff)

### April 16<sup>th</sup>

Clothing Swap (Bring adult & kids clothes to exchange for others)

# LCCC Programs & Events Calendar

## Children's Programs

### ↪ FAMILY MOVIE NIGHTS

Enjoy big screen movies in our upstairs theater. Kids of all ages may attend with their families. Children may bring blankets and pillows, and costumes or PJs are always welcome. Children under 12 must be accompanied by a parent or caregiver to all shows unless reservations for child care have been made. All movies subject to change.

**\$6 members, \$8 non-members, \$25 member families, \$30 non-member families:** includes two slices of cheese pizza, soda or juice, popcorn and movie. **Child care is an additional \$2 per child—reservations required by 5 PM on the day of the show.**

Or attend just the movie at 7PM: **\$3 members, \$5 non-members.**

**Friday, February 25: Despicable Me. . . . . 6:30 PM**

**Friday, March 25: Shrek: The Final Chapter . . . . . 6:30 PM**

**Saturday, April 29: The Sorcerer's Apprentice . . . . . 6:30 PM**

## Teen Programs

### ↪ YAC (YOUTH, ACTIVITIES, COMMUNITY)

#### ↪ HOMEWORK HELP (7<sup>th</sup> grade & up)

**Thursdays . . . . . 4:30 - 7 PM**  
Light snack provided. Everyone is welcome.

#### ↪ MEETINGS

**Thursdays . . . . . 6 PM**  
Seventh, eighth and ninth graders meet to plan activities (movies, dances, etc) for themselves and events for the community.

#### ↪ DANCES

**Fridays, Feb. 4 & 18, Mar. 4 & 18; Apr. 1 & 15 . . . . . 6:30 PM**  
Seventh graders and up. Chaperones are always needed and much appreciated!

## Adult Programs

### ↪ SENIOR DINING CENTER

**Monday, Wednesday, Friday. . . . . 11:30 AM**  
A delicious and nutritious lunch provided by Marra Catering. Reservations must be made 24 hours in advance. See *Senior News* on page 7 for more information. **\$3 donation is suggested.**

### ↪ AGELESS GENTLE YOGA & MEDITATION

**Weds., Jan. 19 - Feb. 23; Mar. 2 - Apr. 27 . . . . . 9:30 - 10:45 AM**  
Sitting and standing yoga meditation is a wonderful way to experience all the benefits of yoga in a nurturing environment surrounded by calming beautiful music. Experience an overall sense of well being, increased vitality, range of motion, circulation, muscle mass and bone density. Release physical and mental stressors, increase self-esteem, manage weight issues, while increasing strength/flexibility, depth of breath and focus. Personal attention is given. Sequences match needs and abilities. Begin anytime, sessions ongoing.

**6 week session: \$96; 9 week session \$144; Single class: \$17**  
Caryl Sickul - Experienced Instructor, Movement Specialist, Wellness Consultant in Private Practice for decades. Private Sessions and Gift Certificates available. For more info and to register: 401-816-0024 or [www.csickul.com](http://www.csickul.com)

### ↪ EX-TENSION EXERCISE

**WOMEN ... Tuesdays & Thursdays . . . . . 8:45 - 9:45 AM**  
**MEN ... Tuesdays & Thursday. . . . . 10 - 11 AM**

Mary Derbyshire's Ex-Tension classes for men and women are a fun way to bring better health and energy into your life! Classes consist of rhythmic stretching, aerobic fitness, light weights, exercises to improve balance, and relaxation so that you feel centered and ready to start your day. Ex-Tension aims to give you a great workout to great music. Mary Derbyshire has been an exercise instructor and personal trainer for nearly 30 years. Bring a yoga mat and bottled water. Weights are provided.

**Begin anytime. \$100 for 10 classes; Single class: \$15**

Contact Mary Derbyshire (M.AmSAT AmSAT Certified Teacher, The American Society for the Alexander Technique) at 401-418-3905 or email: [maryderby@aol.com](mailto:maryderby@aol.com). [www.maryderbyshire.com](http://www.maryderbyshire.com).

### ↪ STRENGTH TRAINING CLASS

**Fridays. . . . . 9 - 10 AM**

Join Personal Trainer, Jen Meyer, for invigorating, full-body workouts, featuring strength training, yoga postures and stretches, designed to help you develop a lean, fit body, increase flexibility and balance, and reduce stress. Please bring a yoga mat, towel and water. **\$15 per class.**

Contact Jen Meyer (American College of Sports Medicine and Flexibility for Athletes Certified Personal Trainer and 200-hour Registered Yoga Teacher with the Yoga Alliance) at 401-533-0557 or email: [jmjmeyer@cox.net](mailto:jmjmeyer@cox.net) for more information.

### ↪ YOGA WITH RACHEL JACKSON

#### ↪ Couples Thai Massage Workout

**Saturday, February 13. . . . . 1 - 4 PM**  
This is a 3-hour workshop where each couple will get a chance to both give and receive a partial Thai massage from one another. There will be a short yoga warm-up before we begin, including some aromatherapy to awaken the senses.

**Cost: \$35 per person.**

#### ↪ Yin Meridian Meditation

**Mondays (thru March 30) . . . . . 6 - 7:30 PM**

#### ↪ Slow Flow Vinyasa

**Wednesdays (thru March 30) . . . . . 6 - 7:30 PM**  
**Saturdays (thru March 30) . . . . . 9 - 10:30 AM**

Yin Meridian Meditation weaves together the wisdom of Hatha yoga, Traditional Chinese Medicine, Taoist Philosophy and contemporary bodywork. Slow Flow Vinyasa takes vinyasa down a notch in order to lay down the foundation of the breath and the alignment of the body.

**Classes are \$15 walk-in; \$60 for a 5 class pass; \$100 for a 10 class pass; \$190 for an unlimited 30 day pass**

Rachel Jackson has been studying and practicing yoga for 12 years and teaching for the past 6. She is now a Licensed Massage Therapist, specializing in Traditional Thai massage, Shiatsu, and Reflexology. For more information contact Rachel directly at 401-743- 3688 or email: [racheljackson.yoga@gmail.com](mailto:racheljackson.yoga@gmail.com)

### LCCC Board Meetings

February 15, March 15, April 19, 7 PM.

Meetings are open to the public.

# Community Programs & Events Calendar

The Community Programs & Events Calendar is provided as a service to inform the community about people and events that shape Little Compton. Information is provided by each group and the LCCC does not represent or endorse the accuracy, completeness, or reliability of listings, or the viewpoint, opinions, policies, or products of any group. For more information, contact the group directly.

## AA

**Mondays & Fridays** . . . . . 7 AM  
**Tuesdays & Thursdays** . . . . . 7:30 PM  
**Saturdays** . . . . . 8 AM & 10:30 AM  
 At St. Andrew's by the Sea  
**Sundays** . . . . . 7 PM  
 At LCCC

## AMERICAN LEGION & AUXILIARY POST #37

≈ **Meetings**  
**Second Wednesdays** . . . . . 7:30 PM  
 At IOOF Hall/Post Home.

## BROWNELL LIBRARY

Registration required for all programs. To register or for more info, please call 635-8562 or visit our website at: [www.brownell-library.ri.org](http://www.brownell-library.ri.org)

≈ **Monthly Book Club**  
**Second Wednesdays (February thru June)** . . . . . 6:30 PM  
 The Monthly Book Club meets at the Library. For the monthly selection or to join call 635-8562.

≈ **Daytime Book Club**  
**First Fridays** . . . . . Time TBA  
 To join and for more information, call the library.

≈ **Thursday Morning Memoirs**  
**Thursdays (thru April)** . . . . . 10:15 AM - Noon  
 Thursday Morning Memoirs, a writing workshop, continues this winter. The winter session has fewer participants so if you have been thinking of giving this program a try, now is the time. Please sign up at the library and bring a journal and pens and pencils.

≈ **Knitting**  
**Mondays** . . . . . 3 - 4 PM  
 Adults and children (Grades 5 & up) welcome. No experience needed. For more info, call 635-8562

### CHILDREN'S PROGRAMS

≈ **Children's Story Time - (Offered February thru May)**  
**Toddlers (18 - 36 months) ... Tuesdays** . . . . . 11 AM  
**Pre-school (3 - 5 years) ... Thursdays** . . . . . 11 AM  
**After School Story Hour (Grades 1-4) ... Mondays** . . . . . 3 - 4 PM

≈ **Babies & Books**  
**Babies (6 - 18 months) ... Every other Monday** . . . . . 11 AM

≈ **Saturday Crafts - (Offered February thru May)**  
**(Ages 5 - 10) ... Monthly** . . . . . 10:30 - 11:30 AM  
 For schedule and more details, call 635-8562.

## CONCERTS AT THE POINT

At Westport Point United Methodist Church, 1912 Main Road, Westport Point, MA. Price is \$20 per person, \$10 for students under 21. For tickets, reservations or more information, call 508-636-9927, email [pointconcerts@gmail.com](mailto:pointconcerts@gmail.com) or visit: [www.concertsatthepoint.org](http://www.concertsatthepoint.org).

**Sunday, March 27** . . . . . 3 PM  
 The Boston University Opera Institute returns to present four young opera singers in a program of famous arias and other operatic highlights, including scenes from this April's production of Gounod's *Romeo et Juliette*.

## DEMOCRATIC TOWN COMMITTEE

≈ **Meetings**  
**First Tuesdays** . . . . . 7 PM  
 At LCCC. Informational and open to the public. For more info call: 635-2064.

## GREATER TIVERTON COMMUNITY CHORUS

The Greater Tiverton Community Chorus (GTCC) will be celebrating its 30<sup>th</sup> Anniversary by performing the beloved work Requiem by Gabriel Fauré on May 14 & 15 in Westport and Tiverton. New singers (all voices) are always welcome. For more information, contact Music Director Beth Armstrong at [bestar3@cox.net](mailto:bestar3@cox.net) or 401-253-7987.

## LITTLE COMPTON COMMUNITY CENTER

≈ **Chowder & Chili Cookoff**  
**Sunday, February 13** . . . . . 2 - 4 PM  
 See page 1 for complete details. At Crowthers Restaurant.

≈ **Celtic Music & Dance**  
**Saturday, March 19** . . . . . 11 AM  
 Featuring Celtic Harp and Mary King. Sponsored by the Brownell Library. Arrive early (10:30 AM) and learn step dancing.

≈ **Volunteer Recognition Night**  
**Monday, April 11** . . . . . 6:30 PM  
 Dessert & Coffee at 6:30 PM; Program at 7 PM. At LCCC.

≈ **Easter Candy Spree**  
**Saturday, April 23** . . . . . 10 AM  
 An Easter Candy hunt at Veterans Field (rain site: Wilbour school gym).

≈ **Saturday Something**  
 Every Saturday . . . . . 10 AM - 12 Noon  
 There's always something going on at the Community Center! See page 3 for complete schedule.

## LITTLE COMPTON FOOD BANK

**Fridays & Saturdays** . . . . . 9 - 10 AM  
 Food donations are always needed!! The Food Bank is open to everyone and is located in the hall of St. Catherine's Church. Donations can be made anytime - canned goods, paper supplies and hygiene items are always appreciated. For more information, call: 635-2722.

## LITTLE COMPTON GARDEN CLUB

For information call: 401-635-4546.

## LITTLE COMPTON GRANGE #32 PATRONS OF HUSBANDRY.

Little Compton Grange #32 Patrons of Husbandry meets on the third Wednesday of the month at IOOF Hall. Non-members are welcome. The Grange collects used eyeglasses, soda can tabs, and Campbell product labels; items can be dropped off at LCCC. Email: [grange460b@aol.com](mailto:grange460b@aol.com)

**Wednesday, February 16** . . . . . 7 PM  
 Women's activities and Deaf & Health program. Pot Luck Supper at 6 PM, meeting follows.

**Wednesday, March 16** . . . . . 6 PM  
 Husking Bee and Johnny Cakes.

**Wednesday, April 20** . . . . . 7 PM  
 Grange Month awards to Teacher, Fireman, Policeman and Horticulturalist of the year. All are invited to attend. No Pot Luck Supper.

↳ **LITTLE COMPTON HISTORICAL SOCIETY**

At Wilbor House, 548 West Main Road. For more information, go to: [www.littlecompton.org](http://www.littlecompton.org)

↳ **LITTLE COMPTON PREVENTION COALITION & COALITION CAFÉ**

**The Little Compton Prevention Coalition** is an organized group of volunteers representing both the private and public sectors of Little Compton who are concerned with the development, implementation and advocacy of effective community-based substance abuse prevention programs, policies and practices.

The Coalition supports healthy lifestyles and positive decision making through education, engagement of community members and providing access to resources. For more information contact Rebecca at 401-835-5311.

≈ **Meetings**

**Second Tuesdays . . . . . 10 AM**  
At LC Town Hall. Open to the public.

**The Coalition Café** is an opportunity for students in grades six through eight to participate in a peer leadership club dedicated to supporting healthy choices and positive decision making. The Coalition Café will offer fun activities that promote self-esteem, sense of pride, community connectedness and opportunities to address issues such as peer pressure, underage drinking and other high risk behaviors. Coalition Café meetings are not "counseling" sessions or heavily focused on behavioral topics.

≈ **Meetings**

**Fourth Tuesdays (except school vacations) . . . . . 3 PM**  
At the United Congregational Church Education Center.

↳ **LITTLE COMPTON TAXPAYERS ASSOCIATION**

For more information, email: [Taxpayers@cox.net](mailto:Taxpayers@cox.net)

↳ **LITTLE COMPTON VOLUNTEER FIRE DEPARTMENT**

≈ **Meetings**

**First Wednesdays . . . . . 7 PM**  
At Public Safety Complex. For more info call Jack Crook at 635-0003

↳ **REPUBLICAN TOWN COMMITTEE**

≈ **Meetings**

**First Mondays . . . . . 7 PM**  
At LCCC. Informational and open to the public. For more information, call Patrice Hagan at 635-8306, [phagan23@cox.net](mailto:phagan23@cox.net)

↳ **SAKONNET PEACE ALLIANCE**

≈ **Vigil for Peace**

**Sundays . . . . . 9:30 AM**  
On Pike's Peak

↳ **SAKONNET PRESERVATION ASSOCIATION**

For info or to volunteer: [www.sakonnetpreservation.org](http://www.sakonnetpreservation.org) or 635-8800

↳ **SOCIAL REBEKAH LODGE NO. 11, I.O.O.F**

≈ **Meetings**

**Third Wednesdays . . . . . 9:30 AM**  
Meets upstairs at IOOF Hall. For more information, write to: PO Box 194, LC, RI 02837

↳ **SOGKONATE GARDEN CLUB**

For more info, call: 635-8640, email: [sogkonate@cox.net](mailto:sogkonate@cox.net), or visit: [www.sogkonate.org](http://www.sogkonate.org)

**Garden Clubs to Award Scholarships.** The Rhode Island Federation of Garden Clubs, Inc. awards scholarships to worthy college students majoring in Horticulture, Floriculture, Landscape Design, Conservation, Forestry, Agronomy, City Planning,

Environmental Concerns, Land Management, Botany, Biology and/or other allied subjects. Students must be Rhode Island residents, but may attend college in any state. Judging is based on academic record, applicants letter, honors/extracurricular activities/work experience, financial need and recommendations. Applicants must be sponsored by a local garden club and an application must be submitted by March 1, 2011. For more information contact Kay Hughes at 401-624-9426

≈ **Get Ready to Garden!**

**Wednesday, March 2 . . . . . 1:30 PM**

Personal trainer Bonnie Phinnie will demonstrate exercises to build strength and flexibility that may enable us to work more efficiently in our gardens. She will show us the correct ways to shovel, rake, and kneel to protect muscles and joints while gardening. At LCCC.

≈ **A Wild Harvest**

**Wednesday, April 6 . . . . . 7:30 PM**

Russ Cohen from Arlington, MA, is a professional environmentalist and expert forager. He is the author of Wild Plants I have Known ...and Eaten. Russ will share his wealth of knowledge and enthusiasm with us. At LCCC.

≈ **Town Cleanup – Earth Day Celebration**

**Saturday, April 9 . . . . . 9 AM**

Please come help spruce up your community. This project is carried out with the cooperation of the Sogkonate Garden Club, the Little Compton Garden Club, several youth organizations and the 7<sup>th</sup> and 8<sup>th</sup> graders from the McMahan School. Headquarters at Brownell House.

≈ **Roadside Litter Collection**

**Wednesday, February 9 . . . . . 9 AM**

Swamp/Brownell Road. Meet at southern end of South of Commons Rd.

**Wednesday, March 9 . . . . . 9 AM**

Willow Avenue (and possibly South of Commons). Meet at Corner Cones parking lot.

↳ **UP WITH SCHOOL ARTS**

Up with School Arts is a non-profit organization, based in Little Compton, serving Newport County and nearby Massachusetts. We support music and arts programs in public schools throughout the area. Volunteers are needed to help promote awareness of these programs and assist in program planning. For more information, email: [upwithschoolarts@earthlink.net](mailto:upwithschoolarts@earthlink.net).

↳ **VILLAGE IMPROVEMENT SOCIETY**

At Brownell House (635-4560)

≈ **Valentine's Tea**

**Sunday, February 13 . . . . . 2 PM & 4 PM**

Homemade scones with jam and clotted cream, tea sandwiches and assorted desserts will be served with pots of steaming tea. For reservations call Penny at 635-2642 or leave a message with Beverly at 635-4560. The cost is \$12 per person.

≈ **Soup and Sandwich**

**Sunday, March 13 . . . . . 5 PM – 7 PM**

Choose a roast beef or turkey sandwich with a bowl of hot soup to warm away the chill of the March winds. Supper will be served from 5 to 7 PM. Reservations helpful. Call Penny at 635-2642 or Beverly at 635-4560. The cost is \$7 for adults and \$5 for children.

≈ **Book Swap**

**Sunday, April 10 . . . . . 12 Noon – 4 PM**

Refreshments will be served and a good will offering for the benefit of the historic Brownell House will be taken. Anyone wishing to donate books in advance of the swap may do so by leaving them at the Brownell House. Please call 635-4560 to set up a time with Beverly or Penny.

# Senior Services

## Senior Dining Center

Three-course meals are available to people aged 60 and over or those with disabilities.

- Meals are served Monday, Wednesday and Friday at 11:30 AM, at LCCC.
- Meals must be reserved at least 24 hours in advance by calling 635-2400. Monday meals must be reserved on the previous Friday by 11 AM.
- A \$3.00 donation is suggested but not required. Non-senior guests are required to pay \$3.50.



## Shopping Bus

A school bus leaves St. Catherine's parking lot at 9:30 AM for mall and grocery shopping. Return at 1:30 PM.

**Tuesdays . . . . . 9:30 AM**  
**February 8 & 22, March 8 & 22, April 5 & 19**

## Senior Citizens' Club

### MEETINGS & BINGO

**Second & Fourth Wednesdays, 1 PM.**

At IOOF Hall.

**SENIORS** – *Stay At Home in Little Compton* is here to help. Contact Marie at 401-592-1654, email [info@stayathomeinlittlecompton.org](mailto:info@stayathomeinlittlecompton.org).

## Senior Information Specialist

**First Monday of the month . . . . . 11 AM – 1 PM**

Newport County Child and Family Services senior information specialist, Leisha Hackett, is available to all Little Compton seniors for one-on-one consultations to assist and answer questions on a variety of issues including housing, insurance, consumer concerns, social services and health care.

Appointments are recommended though not required and may be made by calling 848-4185. At Little Compton Community Center. **Free**

## Visiting Nurse Association (800-698-6877)

The Visiting Nurse Association of Southeastern Massachusetts (VNASM) is a private, not-for-profit agency and a service of Southcoast Health System. The agency is licensed in Rhode Island, certified through the Medicare and Medicaid programs and Accredited by the Joint Commission. VNASM provides services and community-based programs which foster improvement and maintenance of health, prevention of disease and disability, and compassionate end-of-life care. Services include skilled nursing, rehabilitation (physical, occupational and speech), hospice and palliative care, medical social work, in-home telemonitoring, and home health aides. Additionally, VNASM offers health screenings, well child clinics, flu clinics and other wellness programs. Services are available seven days a week, 24 hours a day. For more information, call 800-698-6877 or visit [www.vnasm.org](http://www.vnasm.org).

# Senior Socials

Join your friends and neighbors at our new series of Senior Socials!!

## Saturday Afternoon BINGO

**Saturday, February 12 & March 19, 12:30 - 2:30 PM**

Enjoy a lively session of Saturday Bingo. The incomparable Russell Wordell will call the games. A \$1 entry fee per card. Prizes will be awarded for each round of bingo played. In the LCCC dining hall.

## Afternoon Tea & Classic Movie—Casablanca

**Monday, February 14, 2:30 – 4:30 PM**

The classic movie *Casablanca*, starring Humphrey Bogart, along with a light meal of tea, coffee, finger sandwiches, vegetable platter, cookies and cakes – and the opportunity to play Scrabble and Checkers. No charge to attend. In the LCCC Theater.

## NOTICE: ADULT DAY HEALTH CENTER

The Visiting Nurse Association of Southeastern Massachusetts (VNASM) regretfully announces that it will no longer operate the Nancy Brayton Osborn Adult Day Health Center effective March 4, 2011.

We are in discussion with other adult day health providers interested in taking over the operation. We expect to have negotiations prior to March 4th in order that there will be no interruption in services.

VNASM will continue to serve the Little Compton community with home health and hospice services in addition to existing wellness programs including flu clinics, podiatry clinics, blood pressure screenings and pediatric well child clinics.

## Little Compton Social Services (635-2722)

Director Susan Sisson assists persons and families in need of short-term financial assistance for fuel, rent, groceries and utilities through the Little Compton Assistance Association. The Little Compton Town Food Bank is held at St. Catherine's Church on Fridays & Saturdays from 9 a.m. to 10 a.m. or can be opened by calling Susan at the above number. All are welcome.

## Meals On Wheels (351-6700)

Meals are currently delivered to the Nancy Brayton Osborn Center at 115 East Main Road for pickup by a family member or friend for delivery to a homebound elderly individual. To speak with someone about receiving meals or for additional information about this program, please call 351-6700 and ask to speak to an intake specialist or visit: [www.rimeals.org](http://www.rimeals.org)



**Little Compton Community Center**  
 PO Box 926  
 Little Compton, RI 02837

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 US POSTAGE  
**PAID**  
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 02837  
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**Postal Patron**

**Staff**

**Gina Malloy**  
 Executive Director  
 ginamalloy@lcccenter.com

**Karen Ferreira**  
 After School Club Head  
 Coordinator  
 karenferreira@lcccenter.com

**Ellie Field**  
 Program Director  
 elliefield@lcccenter.com

**Lydia Greene**  
 Receptionist/Program Assistant

**Sally Huntington**  
 Program Director  
 sallyhuntington@lcccenter.com

**Rose Mercier**  
 Custodian

**Carla Woodhouse**  
 After School Club Staff

**Beth Turcotte**  
 Youth Initiative Coordinator

**Bob Wilson**  
 Custodian

**Advisory Board**

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 Bill Curtin  
 Bruce Elwell  
 Bobbi Erdman  
 Lesly Leahy  
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**Non-Profit Members**

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 Little Compton Democratic  
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 Little Compton Garden  
 Club  
 Little Compton Prevention  
 Coalition  
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 Town Committee  
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 South Coast Artists, Inc.  
 United Congregational  
 Church  
 Up With School Arts  
 Visiting Nurses Association  
 Warren's Point Beach Assoc.

**LCCC Membership Form** Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name \_\_\_\_\_

Spouse \_\_\_\_\_

Children \_\_\_\_\_

**Primary Address**

\_\_\_\_\_

Phone \_\_\_\_\_

Use for mailing:  All year or from \_\_\_\_\_ to \_\_\_\_\_

**Secondary Address**

\_\_\_\_\_

Phone \_\_\_\_\_

Use for calling:  Never or from \_\_\_\_\_ to \_\_\_\_\_

E-mail \_\_\_\_\_

**New Member**     **Membership Renewal**

Individual \$15     Family \$35     Supporter \$50

Patron \$100     Benefactor \$250

Non-Profit Organization \$75     Corporate Member \$90

**In addition to or instead of membership, I wish to make a tax-deductible donation of \$ \_\_\_\_\_**

I would like to volunteer in the following way:  
 \_\_\_\_\_

I (we) have included LCCC in our estate plan

Please return coupon with your check to: *Little Compton Community Center (LCCC)*, PO Box 926, Little Compton, RI 02837. Thank you for your generous support! Your canceled check will serve as your receipt.